Health Homes in KanCare

INTRODUCTION

- Health homes area way people with chronic medical conditions can get extra help.

- A health home is <u>not a building</u>. It is a comprehensive and <u>intense</u> system of care coordination. Health Homes integrate and coordinate <u>all</u> services and supports for people with complex chronic conditions

INTRODUCTION

- Health Homes are for people with certain <u>chronic</u> conditions, like serious mental illness or diabetes

- Health homes do not replace care you already get, like doctor visits, medicine, hospital care, therapies, etc.

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WHO DECIDES WHEN A PERSON NEEDS A HEALTH HOME?

- People are chosen based on their medical or behavioral conditions and the amount and type of services they are using.

- You will get a letter telling you about health homes if you qualify.

ELIGIBILITY FOR HEALTH HOMES

Must be eligible for Medicaid, and have at least:

- Two chronic conditions;

- One chronic condition and is at risk for another chronic condition; or

- One serious and persistent mental illness

ENROLLMENT

- You will receive a letter, but can choose to not participate in the health home.

- You will have a choice of health home providers.

- You will also have the same grievance and appeal rights you have in KanCare

MORE ON "OPT OUT"

- You will return a form or make a phone call if you choose not to be in a health home ("opt out").
- You don't have to do anything if you want to participate
- You can also choose a different health home at that time.

WHAT HEALTH HOMES WILL DO

- Make a plan to guide you and your doctors and other providers

- Make sure you get the right services at the right time

- Teach you about your conditions and how you can help yourself be healthier

- Help when you are discharged from a hospital or care facility

- Help you reach your health goals with the help of your family or other helpers and caregivers

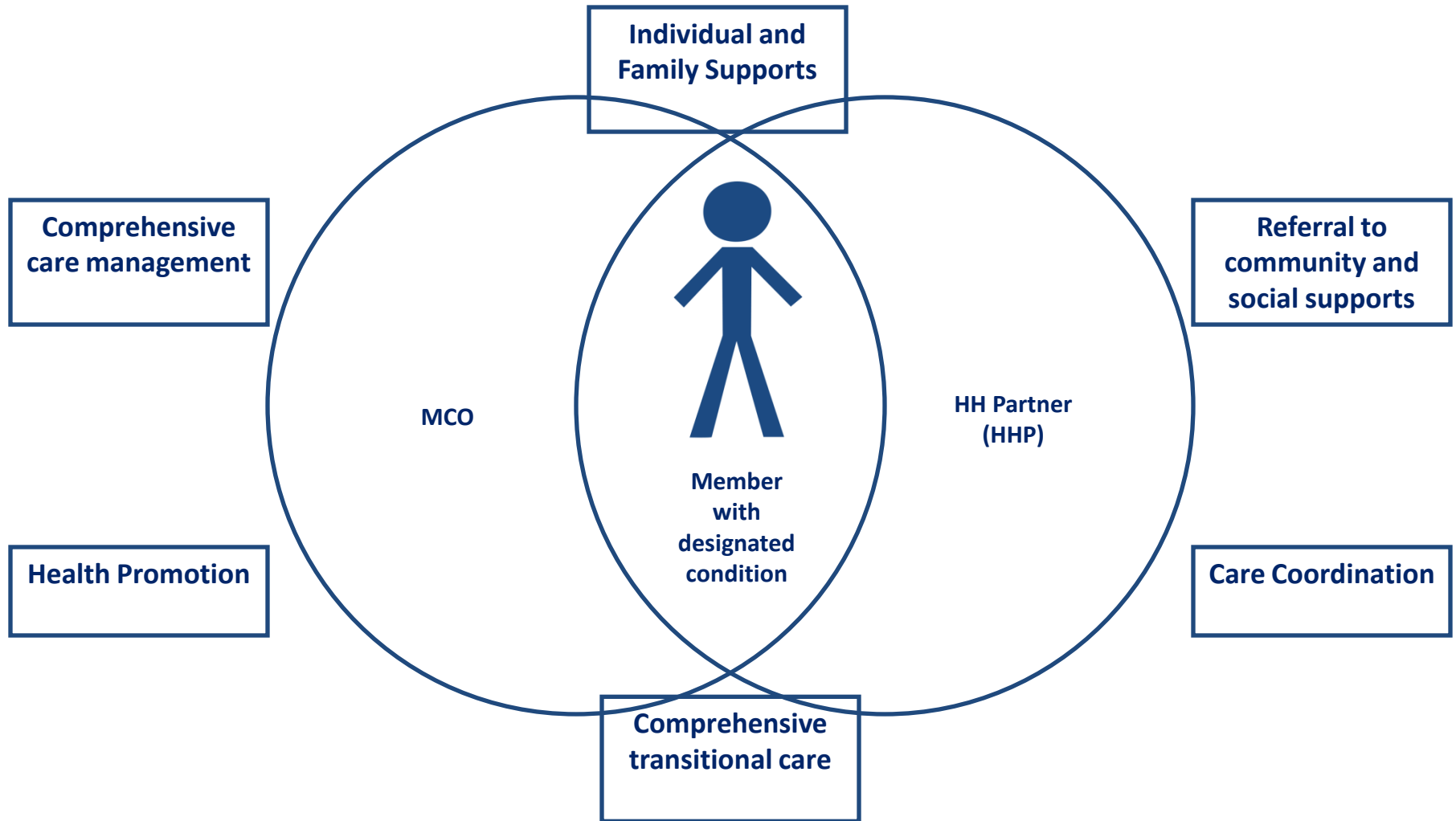- Make sure you get other services and supports you need to stay in your home

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KANSAS MODEL

A Team of Health Professionals:

- Fits the special needs of people in KanCare.

- Allows you to get the services you need given the Medicaid group you belong to

*Goal is to make sure your relationships with your providers are not disrupted.

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SERVICE STRUCTURE

HEALTH HOMES IMPROVING HEALTH

Health homes make sure:

- Important information is shared between you and your doctors

- You have the tools needed to help manage your chronic condition

- You get screenings and tests on time

- Your emergency room visits and hospital stays are reduced

- You have community and social supports to help you

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KANCARE HEALTH HOMES GOALS

- You stay healthy, out of the emergency room and hospital, and in the community

- You get what you need when you need it to stay healthy

- All the people who provide your care work together.

- Help when you come out of the hospital to make sure you can get to important follow-up visits to doctors or other providers.

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FREQUENTLY ASKED QUESTIONS

- **Does a health home provide all services a person needs?**
  - No. The health home coordinates and manages care. It also provides supports and referrals for the person and their family. Health homes do not replace services like doctor visits, prescription drugs, hospital care, or therapies. Health homes also do not replace support services received at home or in the community, like personal care.

- **Do I have to pay for health home services?**
  - No. There is no additional cost to you for these services.

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FREQUENTLY ASKED QUESTIONS

- ## Are there health homes right now in Kansas?

  - Not yet. Beginning in July 2014 there will be health homes in KanCare, the Kansas Medicaid program. The work to define everything required for health homes in KanCare is going on right now.

QUESTIONS?

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